

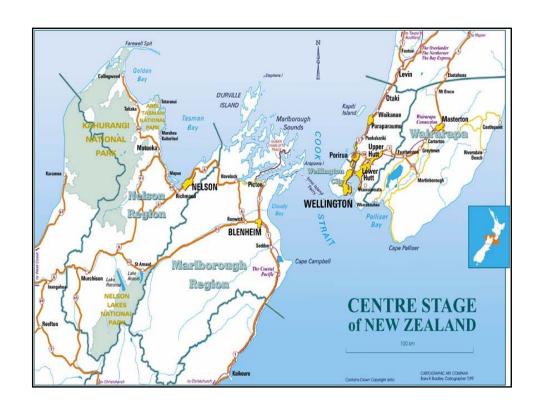


#### **Healthy Eating – Healthy Action**

- Background
- Implementation to date
- Intersectoral and district level focus

MINISTRY OF HEALTH

Cette présentation a été effectuée le 24 octobre 2006, au cours du Symposium "Prévenir l'obésité : les ingrédients d'un plan gouvernemental fructueux" dans le cadre des Journées annuelles de santé publique (JASP) 2006. L'ensemble des présentations est disponible sur le site Web des JASP, à l'adresse http://www.inspq.qc.ca/jasp.







### Healthy Eating - Healthy Action HEHA

- Healthy Eating Healthy Action:Oranga Kai-Oranga Pumau Strategy and Background Paper 2003
- Healthy Eating Healthy Action: Oranga Kai-Oranga Pumau Implementation Plan 2004

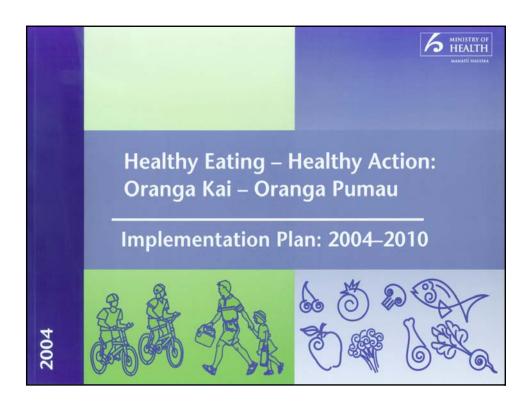




## Healthy Eating – Healthy Action Background

- Strategy integrates improving nutrition, increasing physical activity and reducing obesity
- Strategy launched in 2003 after wide sector consultation
- Implementation plan developed in partnership with Sport and Recreation New Zealand and with input from health sector, other government agencies and industry groups and launched in 2004







## Healthy Eating – Healthy Action Implementation Plan

- Recognises the wider determinants of health need whole of society response
- Focus on reducing inequalities
- Integrates principles of He Korowai Oranga (Maori Health Strategy)







## Healthy Eating – Healthy Action Implementation Plan

- Cross sectoral networks and links between health sector and other sectors
- Identifies outcomes, agencies and timeframes/resourcing
- Identifies district level leadership and coordination





#### **Healthy Eating – Healthy Action**

- Implementation plan objectives:
- Build healthy public policy, create supportive environments, strengthen community action, develop personal skills, reorient health services, monitor, research and evaluate, communication, workforce
- 26 outcomes and 87 actions

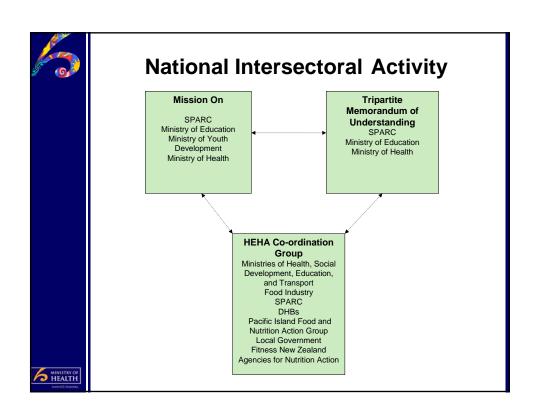




#### **HEHA** funding

- Existing baseline funding \$13 million
- 2005 \$7 million from Cancer Control primary prevention funding
- 2006 budget \$19.03 million ongoing from 2006/7
  - Leadership and co-ordination
  - Education setting
  - Breastfeeding
  - Communication
  - Primary care
  - Industry
  - Monitoring research and evaluation







### **HEHA** co-ordination group

- External co-ordinating group for implementation with 20 agencies and networks
- Representatives from government agencies, industry, Non Government Organisations, District Health Boards
- Purpose to facilitate co-ordination and collaboration between groups
- Meets 3-4 times annually





#### **Tripartite MOU**

- Towards improving the wellbeing of New Zealand's children
- Between Ministry of Health, Ministry of Education and Sport and Recreation New Zealand
- Outcome alignment of each agencies initiatives, resources, strategies, policies and priorities
- Focus in 2006 at district level





### Tripartite reality at district level

- Strong willingness to work collaboratively
- However, regions at different stages of collaboration
- Clear need for better leadership at this level
- Three agencies contracts need aligning at regional level
- Ways of working and boundary issues need to be addressed





# District leadership and co-ordination

- •21 District Health Boards
- •Crown funding agreements
- •Report quarterly to Ministry
- •Variations underway for leadership and coordination function, control of a newly established nutrition fund and potentially other funding



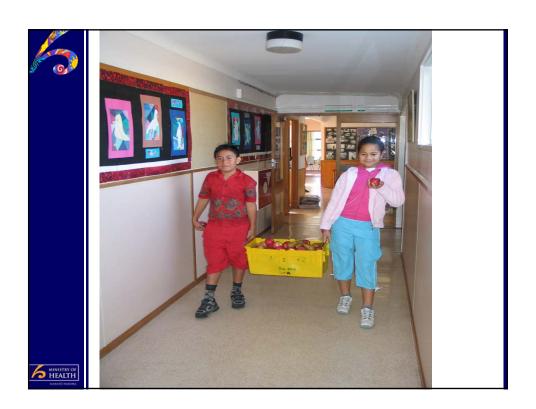


### **Leadership and Coordination**

Inter sectoral approach

- establish intersectoral group (by December 2006)
- take the lead
- DHB HEHA Project Manager
- District HEHA Coordination Groups
- District HEHA sub-groups with school focus







### Fruit in Schools

- Targetted programme of fruit provision
- Whole school approach to healthy eating, being physically active, sunsmart and smokefree
- Programme developed nationally and implemented at a district level using an intersectoral approach
- 260 schools participating



