

Cette présentation a été effectuée le 28 novembre 2011, au cours de la Rencontre internationale *La prochaine décennie pour les écoles favorisant la santé, le bien-être et la réussite éducative* dans le cadre des 15^{es} Journées annuelles de santé publique (JASP 2011). L'ensemble des présentations est disponible sur le site Web des JASP à la section *Archives* au : <http://jasp.inspq.qc.ca/>.

Owning change: An Australian study

Jeremy Hurley
Principals Australia
KidsMatter Primary

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- A school-based promotion, prevention and early intervention initiative
- A whole-school planned approach

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Our strengths

- Education and health partnership
 - Principals Australia
 - *beyondblue: the national depression initiative*
 - Australian Psychological Society
- National government funded to mid 2014
- Strong evaluation results
 - www.kidsmatterprimary.edu.au

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Our challenges

- Competing demands on schools
- Education and health working together
- Support and sustainability
- Access for schools

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The KidsMatter journey

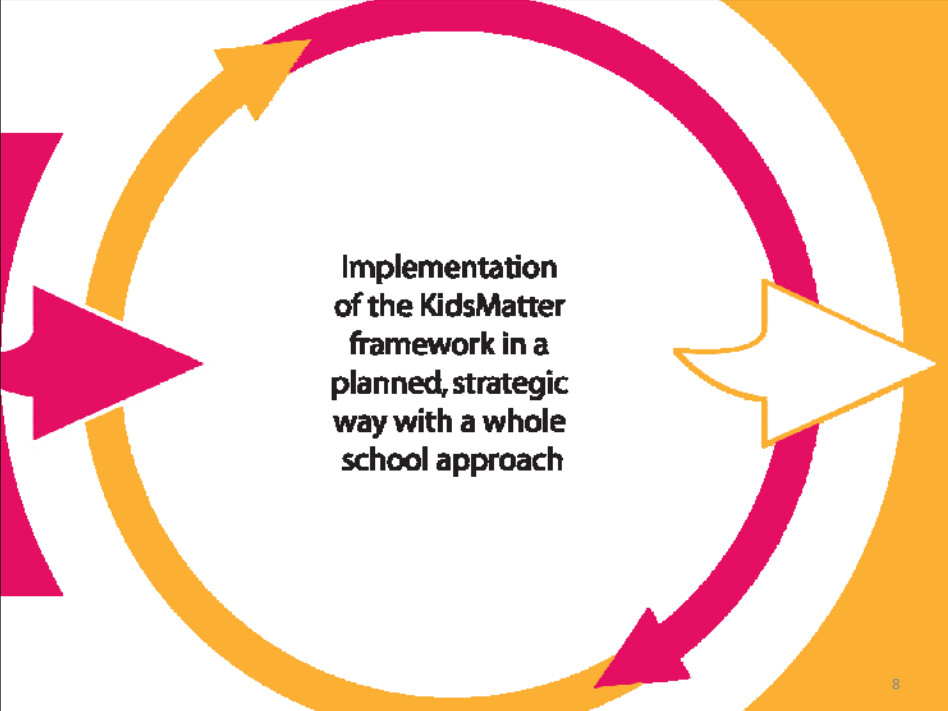
- A two-three year cyclical process
- Clear about where we are going
- Clear about how to get there

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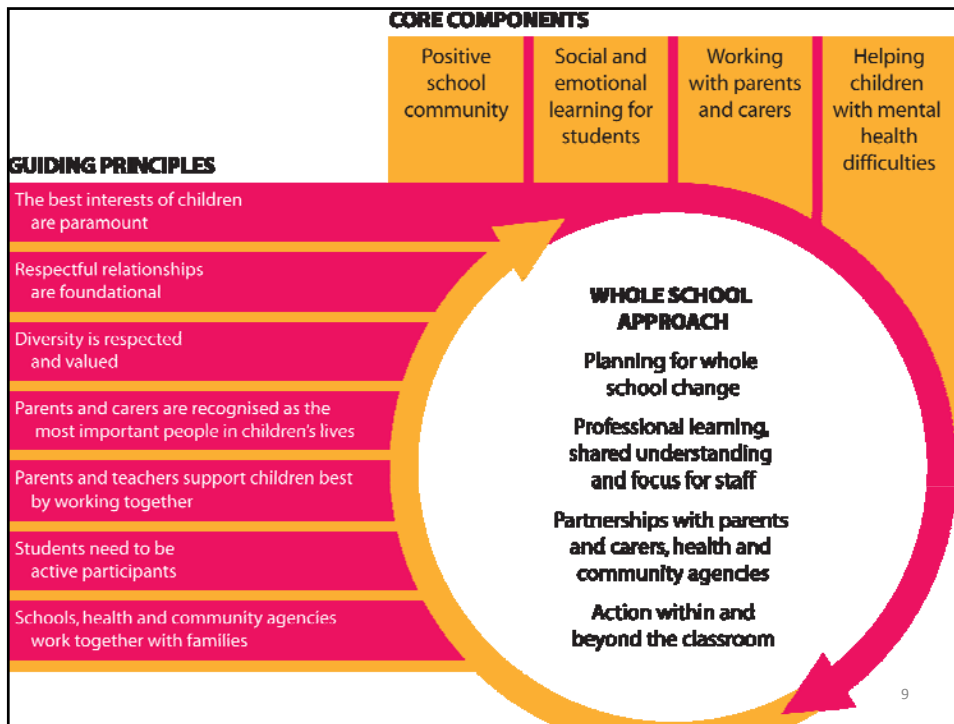
- A school community that promotes mental health and wellbeing
- Respectful relationships, belonging and inclusion
- Effective social and emotional learning (SEL) curriculum for all students
- Opportunities for students to practise and transfer their social and emotional skills
- Collaborative working relationships with parents and carers
- Support for parenting
- Parent and carer support networks
- Understanding mental health difficulties and improving help-seeking
- Responding to students experiencing mental health difficulties

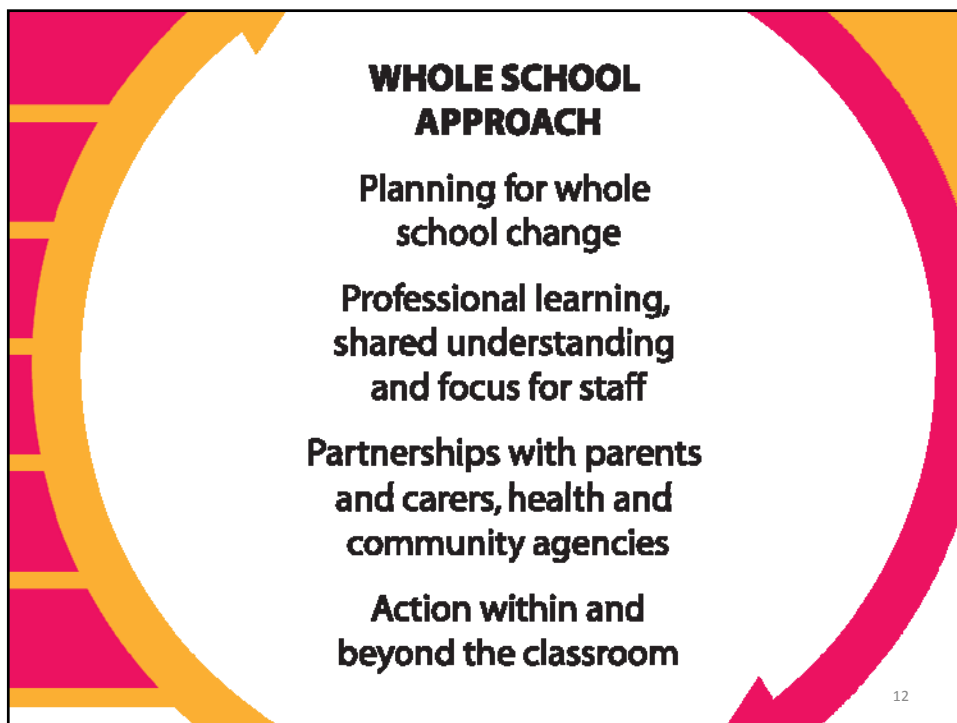
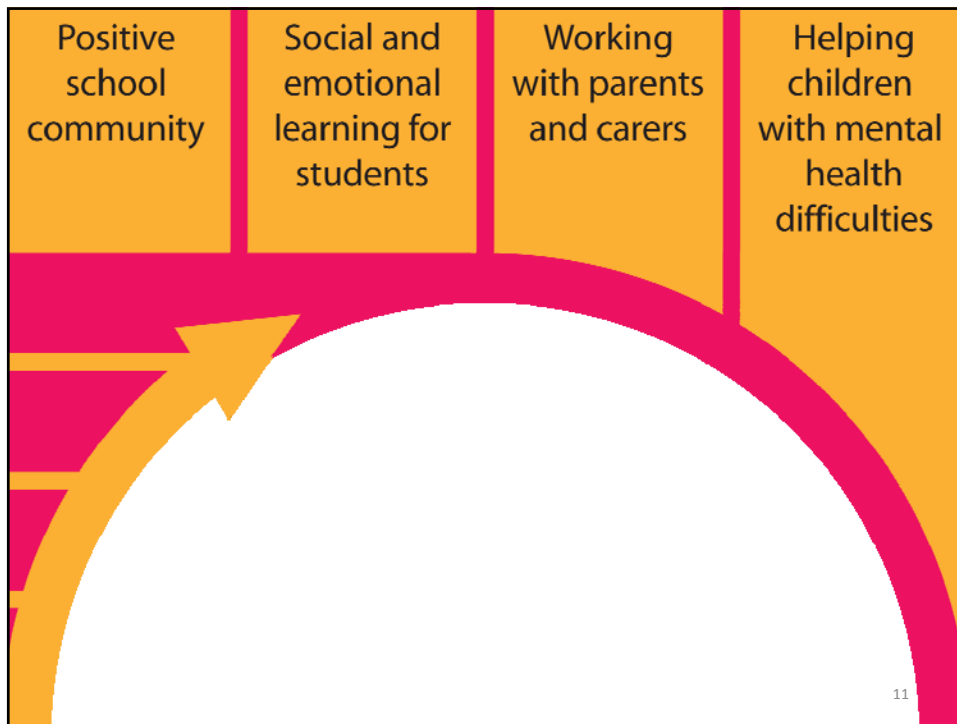
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Implementation of the KidsMatter framework in a planned, strategic way with a whole school approach

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Vision and values to
promote mental health
and well being for
all students

Committed principal
and team leadership with
staff and parent support

KidsMatter resources
and support

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What we know

- School principals want to make their schools more effective and manageable
- Schools do not like being told how to do things
- Schools and teachers will always change things. It is at the core of good teaching and learning
- Schools trust schools

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What does this mean?

- Flexibility based on evidence based principles
- How will this make my school better and my work more manageable?
- Champions from inside schools and education
- Education and health meeting as equals
- Support for the process of leading change